

Curriculum Vitae

NAME: Frank S. Soper

NATIONALITY: Canadian

TITLE: Director of Operations

CitaHealth Management Inc.

OCCUPATION: Kinesiologist

UNIVERSITY: Dalhousie University

DATE OF BIRTH: March 22, 1971

Education:

1989-1993 Dalhousie University, Halifax, NS
Bachelor of Science, Kinesiology

1986-1989 Sydney Academy, Sydney, NS
Head Boy and Honours Graduate

Highlights and Qualifications:

- ◆ 2000 – Present Functional Capacity Evaluator
- ◆ 1993 – Present Professional Fitness Lifestyle Consultant
- ◆ 2000 – Present Conducted over 250 functional evaluations for organizations such as disability insurers, lower mainland based law firms, provincial and federal governments, crown, public and private corporations.
- ◆ 1993 – Present Perform 20-30 hours/week of personal fitness training for both rehab and non-rehab cases.
- ◆ 1998 – Present Design Functional and Fitness Evaluations for private and public corporations
- ◆ 1998 – Present Conduct Job Demands Analyses (JDA's) and worksite Evaluations
- ◆ 1993 – 2001 Worked directly with the general public conducting fitness assessments, exercise programs, and W.C.B. referred rehabilitation programs for the City of Vancouver Parks and Recreation which includes liaisioning with Physicians and Physiotherapists
- ◆ 1994 – Present Extensive experience in managing, marketing, and coordinating medical protocols in a private health and medical clinics including Medisys Corporate Health Services, Citadel Medical Services Inc., Citadel Health Management Group Inc. and CitaHealth Management Inc.
- ◆ 1994 – Present Responsible for extensive development and administering flu immunization programs throughout the province of British Columbia
- ◆ 1994 – Present Coordinate out-of-town occupational medicals which included pre-employment and third party assessments for corporate clients

which in many cases involved establishing and maintaining a rapport with doctors, nurses, clinics, and hospitals across NA

◆ Computer skills

Work Experience:

September 2003 – Present	Director of Operations CitaHealth Management Inc.
July 1998-2003	Co-Owner of Health & Fitness Consulting Firm Citadel Health Management Group Inc.
Jan. 1994-July 1998	Consulting Kinesiologist to Private Medical Clinic Medisys Corporate Health Services, Vancouver, BC
Oct. 1993-2001	Professional Fitness and Lifestyle Consultant (P.F.L.C.-C.S.E.P.) City of Vancouver Parks and Recreation Department

References Available Upon Request